

**U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
FOOD AND DRUG ADMINISTRATION**

Petition to Recognize the Use of )  
Well-Established Common and Usual )  
Compound Nomenclatures for Food )  
\_\_\_\_\_ )

Docket No. \_\_\_\_\_

Submitted by the

Good Food Institute

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**[by electronic submission]**

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**CITIZEN PETITION**

The Good Food Institute<sup>1</sup> (“GFI”) submits this petition under sections 403(i), 201(n), and 701(a) of the Federal Food, Drug, and Cosmetic Act (“FDCA” or “the Act”)<sup>2</sup> to request that the Commissioner of Food and Drugs issue regulations clarifying how foods may be named by reference to the names of other foods. Many products named in this fashion are already on the market, with many more likely to be developed in the future. The requested clarification would be consistent with current FDA regulations and policies, would reflect consumer understanding and the current realities of products in the marketplace, and would serve to foster continued innovation. Further, promulgating a general regulation regarding the nomenclature of these products will avert perceived regulatory uncertainty surrounding such product names, and will promote honesty and fair dealing in the interest of consumers.<sup>3</sup>

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<sup>1</sup> The Good Food Institute is a 501(c)(3) nonprofit organization that is working toward a healthy, humane, and sustainable food supply, by publicly advocating for and encouraging research into alternatives to conventional animal foods.

<sup>2</sup> 21 U.S.C. §§ 343(i), 321(n), 371(a).

<sup>3</sup> 21 C.F.R. § 130.5(b). GFI further asserts that it is prepared to substantiate the information in this petition by evidence in a public hearing, if such a hearing becomes necessary. 21 C.F.R. § 130.5(c).

## **I. Action Requested**

GFI requests that FDA issue a regulation clarifying that new foods may be named by reference to other “traditional” foods in a manner that makes clear to consumers their distinct origins or properties. As described herein, the practice of using such names is well-established in the marketplace, and consumers easily understand and accept such common or usual names for a wide variety of products. Specifically, GFI requests that FDA amend 21 C.F.R. § 102.5, to add the following language after part (d):

(e) The common or usual name of a food may be —

- (1) the common or usual name of another food preceded by a qualifying word or phrase that identifies (i) an alternative plant or animal source that replaces the main characterizing ingredient(s) or component(s) of such other food, or (ii) the absence of a primary characterizing plant or animal source, or of a nutrient, allergen, or other well-known characterizing substance, that is ordinarily present in such other food; or
- (2) any other word or phrase comprised of two or more terms, which may be separated by hyphens or spaces; but if such name includes the common or usual name of any other food, it must effectively notify consumers that the product is distinct from such other food.

The use of such a name does not violate section 403 of the act or regulations of this chapter solely because it includes the common or usual name of another food (including a food for which a standard of identity is established) if the entire name serves to notify a reasonable consumer that the product differs from such other food.

GFI further requests that FDA, in the interim while undertaking the proposed rulemaking, publish guidance for industry clarifying that such product names may generally be used, consistent with the proposed regulation and the contents of this petition.

## II. Statement of Grounds

### A. Statement of Factual Grounds

#### 1. Consumers are increasingly seeking out new variations on familiar foods.

The American food supply today consists of a greater variety of foods than ever before. The diverse array of food products now on the market can cater to the needs and tastes of most any consumer, and the plethora of options available to consumers continues to grow year after year.<sup>4</sup>

The increasingly diverse varieties of food in the marketplace are available because consumers are demanding them, for several reasons. Changing consumer preferences may partly reflect changing demographics and greater awareness (and availability) of the variety of foods from different parts of the world. Additionally, a large and growing share of consumers are becoming more discerning of the food they buy, selecting certain foods over others for reasons of health, environmental and ethical concerns, or personal taste.<sup>5</sup>

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<sup>4</sup> US Department of Agriculture, Agricultural Research Service, Nutrient Data Laboratory, USDA National Nutrient Database for Standard Reference Dataset for What We Eat In America, NHANES (Survey-SR), October 2015, available at <https://www.ars.usda.gov/Services/docs.htm?docid=25662> (noting the addition of 265 “new foods” to the latest NHANES survey database); US Department of Agriculture, Economic Research Service, New Products, October 12, 2016, available at <https://www.ers.usda.gov/topics/food-markets-prices/processing-marketing/new-products/> (describing the upward trend of new food product introductions per year since the early 1990s).

<sup>5</sup> The “new foods” added to the 2013–2014 NHANES database “include mainly commercially processed foods such as several gluten-free products, milk substitutes, sauces and condiments such as sriracha, pesto and wasabi, Greek yogurt, breakfast cereals, low-sodium meat products, whole grain pastas and baked products, and several beverages including bottled tea and coffee,

As part of this trend, consumers have become accustomed to seeing various qualifiers and claims in food labeling and advertising: organic, low-fat, reduced fat, fat-free, reduced calorie, low-carb, gluten-free, wheat-free, dairy-free, soy-free, no artificial colors, non-GMO, grown without pesticides, raised without antibiotics, no added sugars — the list goes on. Some of these qualifiers are subject to definitions under the law and regulations administered by FDA and USDA; others are constrained only by the general requirement that they not be false or misleading.

FDA and Congress have responded to these changes in the marketplace and in consumer demand by providing frameworks for new labeling claims (whether mandatory or voluntary), while also giving producers flexibility in formulating new products to suit these changes in consumer demand. One significant example of this trend is FDA’s regulation relating to nutrient content claims, promulgated after the passage of the Nutrition Labeling and Education Act of 1990 (NLEA).<sup>6</sup> In that regulation, 21 C.F.R. § 130.10, FDA permitted modified versions of foods to be labeled with a “nutrient content claim and a standardized term,” even if they did not comport with the standard of identity for the standardized term. This allowed new products with reduced levels of nutrients of concern to consumers (e.g. fat, sodium, calories) to be labeled in a clear manner that references standardized food terms (e.g. ice cream), leading to products with names like “low-fat ice cream” or “reduced calorie salad dressing.”

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coconut water, malt beverages, hard cider, fruit-flavored drinks, fortified fruit juices and fruit and/or vegetable smoothies.” USDA NHANES survey, note 4, above.

<sup>6</sup> Public Law 101-535.

Since the early 1990s, the list of nutrients or ingredients of interest to consumers has grown significantly. For example, the prevalence of common food allergies has apparently increased for unknown reasons,<sup>7</sup> and more consumers now seek foods free of specific allergens. Congress has responded by amending the FDCA to require labeling disclosures of common allergens,<sup>8</sup> and food producers have responded by making available varieties of (and alternatives to) traditional foods that do not contain common allergens such as wheat, milk, peanuts, egg, or soy. Similarly, the prevalence and identification of celiac disease appears to be increasing;<sup>9</sup> consumers with celiac disease are advised to avoid gluten, and many other consumers avoid gluten due to non-celiac gluten sensitivity or for other reasons. FDA has responded by defining the term “gluten-free,”<sup>10</sup> and food producers have responded by creating new varieties of traditional foods that do not contain gluten and are labeled “gluten-free.”

Yet another significant (and growing) group of consumers has sought to reduce or eliminate certain animal products — especially dairy products — from their diet. Some of these consumers are avoiding allergens as described above (as milk is among the most

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<sup>7</sup> K.D. Jackson et al. *Trends in Allergic Conditions among Children: United States, 1997–2011*. National Center for Health Statistics Data Brief (CDC), May 2013, available at <https://www.cdc.gov/nchs/data/databriefs/db121.pdf>.

<sup>8</sup> See Food Allergen Labeling and Consumer Protection Act of 2004, Pub. Law 108-282; 21 U.S.C. §§ 343(w), 321(qq).

<sup>9</sup> See, e.g. J.F. Ludvigsson et al. *Increasing Incidence of Celiac Disease in a North American Population*, 108 AM. J. GASTROENTEROL. 818 (2013), available at <http://www.nature.com/ajg/journal/v108/n5/full/ajg201360a.html>.

<sup>10</sup> FDA, “Final Rule: Gluten-Free Labeling of Foods” 78 Fed. Reg. 47154 (Aug. 5, 2013).

common food allergies). Additionally, many consumers avoid dairy products due to lactose intolerance.<sup>11</sup> Still other consumers have reduced or eliminated their consumption of dairy for reasons of health, due to environmental or ethical concerns, or for mere personal taste. This trend has been most visible in recent years with a sharp increase in the consumption of alternatives to traditional fluid dairy milk. From 2011–2015, sales of almond milk grew 250%, surpassing the next most popular alternative (soy milk) and reaching nearly \$900 million in annual sales in 2015.<sup>12</sup> Other plant-based alternatives to traditional dairy products (such as yogurt, cheese, and ice cream) are becoming more common as well, as just one part of a larger thriving plant-based food industry that has been growing so rapidly in response to consumer demand.

In sum, the growth in “new foods” described above, as well as many others has been ongoing since at least the 1990s and shows no signs of slowing.<sup>13</sup> Whether due to changes in demographics, or due to health, environmental, or ethical concerns of consumers, or merely due to changes in taste, the American food supply will continue to grow more diverse with a greater variety of products. GFI therefore submits this petition, requesting FDA to clarify that food producers may label and name their new products in

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<sup>11</sup> Demographic shifts in the American population may contribute to an increasing incidence of lactose intolerance; FDA, citing NIH estimates, has noted that “up to 75% of all adult African Americans and Native Americans and 90% of Asian Americans are lactose intolerant.” FDA, *Problems Digesting Dairy Products?*, October 2009, available at <http://www.fda.gov/downloads/ForConsumers/ConsumerUpdates/UCM143705.pdf>.

<sup>12</sup> Nielsen Insights, *Americans Are Nuts for Almond Milk* (Mar. 31, 2016), available at <http://www.nielsen.com/us/en/insights/news/2016/americans-are-nuts-for-almond-milk.html>.

<sup>13</sup> See note 4 above.

a clear, commonsense manner consistent with consumer expectations, with the law applied fairly and equally to each.

**2. Many products on the market are already named in a manner consistent with the standard GFI proposes.**

The new food products described above — whether brought from other parts of the world or newly invented — often resemble familiar products that are considered traditional in the American diet. Consumers often name them by reference to such familiar and “traditional” products by adding a qualifying term in front of the name of the traditional product (as GFI proposes). Example of this practice are too many to list comprehensively, but in this section, GFI discusses numerous examples, some of which pre-date the FDCA itself. And more specifically, this section focuses on well-known food products that incorporate the most closely regulated food names — those with established standards of identity.

To start, consider bread, a food as old as civilization. Historically, bread has been made from the ground meal or flour of a variety of plant species, usually (but not always) leavened with yeast. Virtually every culture around the world has its own versions of this dietary staple — countless variations with different ingredients and methods of preparation that have been developing for centuries.

But in the United States, FDA has specifically defined “bread” as a product primarily consisting of (non-durum) wheat flour, and requires that it be leavened with



yeast and baked.<sup>14</sup> “Nonwheat flours, nonwheat meals, nonwheat grits, . . . and nonwheat starches” may be used, but only “if the total quantity is not more than 3 parts for each 100 parts by weight of [wheat] flour used.”<sup>15</sup> Additionally, “bread” must weigh half a pound or more.<sup>16</sup> Does this regulation mean that other types of bread (e.g. unleavened or nonwheat varieties from around the world, cooked by different methods, in different shapes and sizes) cannot be called bread?

The answer, of course, is no. Almost any American consumer is aware of the existence of rye bread, cornbread, and potato bread — just a few examples of breads commonly eaten in the United States (especially in certain regions or communities). Consumers know that bread can take different forms, such as flatbreads like pita bread or matzo. Some consumers seek out “multigrain” breads precisely because they contain a variety of nonwheat grains.<sup>17</sup> Still other consumers with celiac disease or gluten sensitivity seek out gluten-free breads, a variety of which are now on the market, along with gluten-free rolls and buns.<sup>18</sup> No consumers purchasing these diverse offerings are deceived or confused by the fact that they are labeled “\_\_\_\_\_ bread” even if the products do not conform to the standard of identity for “bread.” The qualifying term immediately

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<sup>14</sup> 21 C.F.R. § 136.110(a), (c)(1), (c)(3); 21 C.F.R. § 137.105 (defining “flour” as a product made from “wheat, other than durum wheat and red durum wheat.”).

<sup>15</sup> 21 C.F.R. § 136.110(c)(11).

<sup>16</sup> 21 C.F.R. § 136.3(a).

<sup>17</sup> A purchaser of “12-grain bread” might be unpleasantly surprised if the product *did* conform to the general standard of identity for “bread” (because in that case, the 11 nonwheat grains would, in total, constitute less than 3% of the total flour used).

<sup>18</sup> Rolls and buns must follow the same standard as “bread” except as to weight.

preceding “bread,” denoting alternative grain sources or other origins or properties, provides enough clarity that the product is different from (unqualified) “bread.”

Consider also another staple in many cultures — noodles. As with bread, FDA has defined noodles as “ribbon-shaped” products made exclusively from wheat flours (including durum, the variety of wheat typically used in pasta), and requires that they contain egg products.<sup>19</sup> (Per FDA’s identity standards, ordinary pasta and similar products that do not contain eggs are “macaroni products.”)<sup>20</sup> But many cultures, in East Asia and Southeast Asia for example, eat noodles made from rice, sometimes broad and flat rather than ribbon-shaped, and such noodles hardly ever contain egg. Other noodles of the world are made from different grains (e.g. Japanese *soba* noodles, made from buckwheat) or are made from wheat but without egg (e.g. ramen noodles). Are these products wrong to call themselves “noodles” in light of FDA’s standard of identity? Of course not: they are rice noodles, ramen noodles, bean thread noodles, and so on. Again, the qualifying term — the “\_\_\_\_\_” in “\_\_\_\_\_ noodles” — notifies any reasonable consumer

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<sup>19</sup> 21 C.F.R. § 139.150(a), (b).

<sup>20</sup> This antiquated term (established in 1944 under the heading “alimentary pastes”, 9 Fed. Reg. 14881) demonstrates how far some standards of identity have fallen behind the evolution of the English language and consumer expectations: Americans today simply call it “pasta” and understand “macaroni” to refer exclusively to small tubular pasta varieties (meanings that reflect the Italian *pasta* and *maccheroni*). The standardized term is frankly confusing to the modern consumer, and the regulatory meaning cannot even be found in many modern dictionaries. Thus, some pasta producers have chosen to identify their products with the universally-understood term “pasta” rather than “macaroni products.” This may technically violate FDA regulations, but justifiably so: pasta is simply the true common or usual name of these products, notwithstanding the outdated standard of identity.

that the product is distinct from what FDA may define as “noodles” (to the extent the reasonable consumer knows about FDA’s definition of “noodles” from 1944).<sup>21</sup>

To give another example of similar compound names in action, “butter” has a standard of identity defined by statute — a product of more than 80% milkfat.<sup>22</sup> In spite of this, FDA defined standards for “peanut butter” and “fruit butters” (such as apple butter), products that do not contain butter.<sup>23</sup> And outside of FDA’s identity standards, other “nut butters,” such as almond butter or cashew butter, are now common in the market (for those allergic to peanuts, or who just prefer the taste), and consumers readily understand that these products are not (dairy) butter or other “\_\_\_\_\_ butters.”

It is in a similar vein that another global food — soy milk or soymilk — came to the United States in the mid-20th Century from areas of the world where cow’s milk was often not traditionally consumed. And although the (unqualified) term “milk” has a standard of identity that refers exclusively to cow’s milk,<sup>24</sup> consumers have long understood that various compound terms of the form “\_\_\_\_\_ milk” or “milk of \_\_\_\_\_” refer to distinct products unrelated to cow’s milk. (Goat milk, buffalo milk, coconut milk, almond milk, or milk of magnesia, to name a few.) These compound constructions are so thoroughly lexicalized that they often appear in dictionaries as part of the first or

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<sup>21</sup> Similarly, many wheat-free pasta products are now on the market (e.g. “gluten-free pasta,” “brown rice pasta”), and these products often incorporate the names of standardized “macaroni products” (e.g. “gluten-free spaghetti”). 21 C.F.R. § 139.110(b)–(d).

<sup>22</sup> 21 U.S.C. § 321a.

<sup>23</sup> 21 C.F.R. § 150.110; 21 C.F.R. § 164.150.

<sup>24</sup> 21 C.F.R. § 131.110.

second definition of the word “milk,”<sup>25</sup> and the overwhelming majority of consumers refer to these products by these names.<sup>26</sup> The government itself (including FDA) has played its role in this linguistic trend, using the common names of products like soy milk and other dairy alternatives in public statements and documents.<sup>27</sup>

These linguistic patterns are hardly limited to the English language or the U.S. market — various languages from around the world use the same semantic constructions to describe the same products.<sup>28</sup> And almond milk is similarly well-established —

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<sup>25</sup> See, e.g. Merriam-Webster Online, Definition of MILK, available at <https://www.merriam-webster.com/dictionary/milk> (accessed January 26, 2017): “1 b . . . (2): a food product produced from seeds or fruit that resembles and is used similarly to cow’s milk <coconut *milk*> <soy *milk*>. 2: a liquid resembling milk in appearance[.]”

<sup>26</sup> Google statistics show that since 2004, consumer searches in the United States for the terms “soy milk” and “almond milk” have outnumbered searches for alternative names (“soy drink,” “soy beverage,” etc.) by more than 30-to-1. <https://goo.gl/DLhGz0>.

<sup>27</sup> See, e.g. FDA, *Health Claims; Soy Protein and Coronary Heart Disease* 63 Fed. Reg. 62977, 62978 (Nov. 10, 1998) (referring to “soy milk, soy yogurt, and soy cheese.”); USDA, *Enhancing Retailer Standards in the Supplemental Nutrition Assistance Program (SNAP)* 81 Fed. Reg. 90675, 90693–94 (Dec. 15, 2016) (referring to “soy yogurt,” “soy milk,” “soy cheese,” “almond milk,” and “rice milk.”); DHHS & USDA, *2015–2020 Dietary Guidelines for Americans* at p. 23 (describing dairy alternatives from soy and other plants, marketed as plant “milks”).

<sup>28</sup> In China, the country of soy milk’s origin, 豆奶 (Mandarin *dòu nǎi*, literally “bean milk”) is used as one possible name of the product, although the name 豆浆 (*dòu jiāng*, loosely translated as “bean slurry”) is more common in most places. The former name (literally “bean milk”) is especially common in Taiwan. The Japanese 豆乳 (*tonyu*) has the same literal meaning of “bean milk,” and the Korean 두유 (*duyu*) has a similar linguistic origin. This construction has extended to Western countries where the product appeared later in history — the French and Spanish *lait de soja* and *leche de soja* (literally “milk of soy”) and the German *Sojamilch* (“soymilk”) are a few examples. Often these alternative meanings of “milk” are thoroughly lexicalized and refer to other milky liquids, including other cow’s milk alternatives. See, e.g. “leche” in *DICCIONARIO DE LENGUA ESPAÑOLA*, available at <http://dle.rae.es/?id=N2tsDWF>, accessed January 26, 2017 (definition 3, translating as “white juice obtained from some plants, fruits, or seeds. *Milk of coconut, of almonds.*”) The European Union has generally disapproved of the use of such terms in food labeling since 2007 (later adding exceptions for almond and coconut milks), but Google

though it has had the recent astronomical rise in popularity described above, it was common (and named similarly) in Western and Middle Eastern kitchens *centuries ago*.<sup>29</sup> Clearly, names of this form have deep historical and linguistic roots.

Further, these age-old foods with names of the form “\_\_\_\_\_ milk” are now as familiar and clear to consumers as rye bread, rice noodles, or cashew butter. Consumers choose these products precisely because they are not cow’s milk, whether due to allergies, other ingredient sensitivities or health concerns, ethical concerns, environmental concerns, or simple taste preference. And although some have claimed that including the word “milk” may confuse consumers (leading them to think the product contains cow’s milk), consumer research has demonstrated that practically all consumers who have heard of these products (including those who do not consume them) are aware of their basic nature as cow’s milk alternatives that do not contain cow’s milk.<sup>30</sup>

Non-wheat breads, non-wheat noodles, non-dairy butters, and non-dairy milks are merely a few of the instances in which established products on the market incorporate the

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statistics reveal that the EU has failed in its effort to regulate natural language: use of these names persists and predominates over alternative names. See <https://goo.gl/9CLoKg>.

<sup>29</sup> For example, the 14th-Century French recipe book *Le Viandier de Taillevent* contains numerous references to *lait d’almendes* (or in Modern French, *lait d’amande* — milk of almond). 23 LE VIANDIER DE TAILLEVENT (1892 transcription of the oldest surviving manuscript, circa 1326–1395), available at [https://books.google.com/books?id=D\\_EYAAAAYAAJ&pg=PA23](https://books.google.com/books?id=D_EYAAAAYAAJ&pg=PA23).

<sup>30</sup> Soyfoods Association of North America, *Summary of Research on Consumer Awareness of Soy milk and Dairy Milk*, appended to this petition as Attachment A. In this 814-consumer survey conducted in 2006, the share of consumers who answered that they believe “cow’s milk” is an ingredient in “soymilk” was less than 0.5%, with approximately 3% reporting “milk” as an ingredient.

common or usual name of another food to clearly and directly describe what the product is, despite being a very different product.<sup>31</sup> This structure, the addition of one word to another to form an entirely different word with a new meaning, is not just a matter of how marketing works — it is simply a matter of how language works. GFI submits this petition asking that FDA acknowledge and accept this fact and practice, not only for the products described above, but for others that may become part of the American diet in the future. As described in detail below, doing so would be consistent with the FDCA and with FDA policy and past practice. It would also be consistent with FDA’s responsibilities under the Constitution: to regulate the market neutrally and with due respect to the First Amendment rights of food producers to label their products in a clear manner that consumers understand and accept.

## **B. Statement of Legal Grounds**

### **1. GFI’s proposed regulation is consistent with the FDCA and with FDA policy and practices.**

GFI is asking FDA to establish a framework that formally recognizes the reality of the marketplace regarding the compound naming of foods that incorporate the common names of other foods in a way consumers clearly understand. In a way, what GFI requests is a regulation that clarifies existing law and practice; not only has FDA allowed

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<sup>31</sup> And for good measure, here are a few more: herbal teas (like peppermint, chamomile, or ginger teas) that contain no tea; coconut water, which is not water; turkey bacon, which is not bacon; coconut cream and non-dairy creamer, neither of which contain cream; root beer, which contains no beer; English muffins, which are not muffins; shellfish, which are not fish; jellyfish, which are neither jelly nor fish; and rice cakes, which seem particularly unworthy of being called “cake.”

products with such names to remain on the market, but the standard proposed by GFI is also consistent with FDA's longstanding interpretation of the FDCA and its regulations.

Even though the proposed regulation would do nothing more than clarify existing law and practice, such clarification would be helpful to industry and the public. The full meaning of the law and regulations is not always apparent to those who simply read the general language found in the United States Code or the Code of Federal Regulations, because the meaning of these provisions develops over time through interpretation by FDA and the courts, as well as through the agency's practices and policies. To put it bluntly, this is an area of law that is sometimes misunderstood or misapplied by some. For example, the Act's standard-of-identity provision is sometimes misread to completely preclude the use of standardized terms in non-standardized food names, and the Act's prohibition on unlabeled "imitation" foods is misread to cover any similar-looking food that can be used in place of another. Such misapprehensions of the law are clearly incorrect, but the fact that they persist can still do real harm to competitive industry and the public.

Such harm is not merely speculative, but concrete and apparent. For example, misguided statements of the law are often put forth by some members of industry in an anticompetitive effort to increase regulatory burdens on other members of industry. The most visible example of this today is a campaign by dairy producers against plant-based dairy alternatives — particularly soy milk and almond milk, which (as described above)

have become particularly popular and mainstream in recent years.<sup>32</sup> These dairy industry campaigns against regulatory flexibility for new products have spanned decades,<sup>33</sup> and have only intensified as demand for soy milk, almond milk, and other dairy alternatives has grown.<sup>34</sup> Recently, members of Congress from dairy-producing states were enlisted to argue on behalf of the dairy industry’s distortions of the law,<sup>35</sup> and one Senator has even proposed to amend the FDCA in service of the dairy industry’s anticompetitive goals.<sup>36</sup> These efforts spawn confusion and uncertainty for producers — many of which are startups and small businesses particularly sensitive to perceived regulatory risk.

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<sup>32</sup> Due to the attention these products have received, this petition will frequently use them as examples to illustrate how the proposed general language would apply.

<sup>33</sup> See, e.g. *Nat’l Milk Producers Fed. v. Harris*, 653 F.2d 339, 343 (8th Cir. 1981) (unsuccessful challenge to FDA’s interpretation of the Act’s “imitation” provisions); Letter from National Milk Producers Federation to CFSAN, February 14, 2000, available at <http://www.fda.gov/ohrms/dockets/dailys/04/may04/050404/97p-0078-c00166-vol2.pdf>; Comments of National Milk Producers Federation, July 28, 2010, available at <https://www.regulations.gov/document?D=FDA-2010-N-0210-0092>; Comments of National Milk Producers Federation, May 5, 2014, available at <https://www.regulations.gov/document?D=FDA-2009-D-0430-0074>.

<sup>34</sup> However, the dairy industry does not speak with one voice on this issue. For example, Dean Foods, the largest processor and distributor of fluid milk in the country, wrote to FDA in 2000 that “the term ‘soymilk’ has been widely recognized in our industry as the commonly used name for natural beverages made out of soybeans, water and other vegetable based ingredients for a number of years. We recognize this term to be accurately descriptive, meaningful and widely understood . . . . We have not found this term to be misleading to ourselves or our customers, [and w]e have not received any complaints from customers or consumers regarding this issue.” Comment from Dean Foods Company, March 8, 2000, available at <https://www.regulations.gov/document?D=FDA-1997-P-0016-0024>. This comment, and many others like it, regards a 1997 citizen petition requesting that FDA establish a standard for “soymilk.” GFI believes that this step is currently unnecessary because the name has already been clearly established by common usage, per 21 C.F.R. § 102.5(d).

<sup>35</sup> See Letter to Commissioner Califf from Congressman Peter Welch (D-Vt.) et al., Dec. 16, 2016, available at <http://www.nmpf.org/files/Welch-Simpson%20Letter.pdf>.

<sup>36</sup> DAIRY PRIDE Act, S. 130, 115th Cong. (2017), proposed by Senator Baldwin (D-Wisc.)



These misapprehensions of the law also manifest themselves in the courts. Some lawsuits have been filed alleging that soy milk and almond milk products are improperly named, and though such frivolous contentions have (so far) generally been dismissed at the pleading stage,<sup>37</sup> more such lawsuits have recently been filed.<sup>38</sup> Defending against these lawsuits creates costs for the producers of these products, and these costs may ultimately be passed on to the consumer. And these meritless lawsuits, just like perceived regulatory risk, can have a chilling effect that may dissuade businesses (especially small ones) from labeling their products in a clear, accurate manner that consumers understand. FDA's clarification of the law would pre-empt meritless lawsuits like these, to the benefit of producers and consumers alike.

To see how GFI's proposed language is consistent with the FDCA, and how it embodies FDA's policies and practices, this petition now reviews the (arguably) relevant provisions of the Act, and how they have been interpreted by FDA, and their applicability to names of the form GFI has proposed. This includes an analysis of (1) the Act's protection of standards of identity for certain foods; (2) the Act's requirement that products bear their common or usual name; and (3) the Act's provision regarding "imitation" foods.

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<sup>37</sup> See Order, *Gitson v. Trader Joe's Co.*, 13-cv-01333, Doc. 139 (N.D. Cal., Dec. 1, 2015); *Ang v. WhiteWave Foods Co.*, 2013 WL 6492353 (N.D. Cal., Dec. 10, 2013). These opinions are appended to this petition as Attachment B.

<sup>38</sup> *Kelley v. WWF Operating Co.*, 17-cv-117 (E.D. Cal., filed Jan. 24, 2017); *Painter v. Blue Diamond Growers*, BC 647816 (Los Angeles Super. Ct., filed Jan. 23, 2017).

## Standards of Identity

When considering food names that incorporate the names of standardized food, section 403(g) of the Act<sup>39</sup> is sometimes seen to serve as the starting point of the analysis. That section states that a food is misbranded if it “purports to be or is represented as a food for which a definition and standard of identity has been prescribed . . . unless (1) it conforms to such definition and standard, and (2) its label bears the name of the food specified in the definition and standard[.]” For the various nonconforming articles described in detail above, the question, then, is whether a food name that merely includes the name of a standardized food necessarily “purports to be or is represented as” the standardized food.

The clear answer, as FDA and courts<sup>40</sup> have long recognized, is no. By their own terms, standards of identity only govern *unqualified* food names. Thus, this provision creates no barrier to qualified uses of standardized terms, because the use of a qualifier will generally indicate that the food does not purport to be the standardized food. So peanut butter does not purport to be “butter,” rice noodles do not purport to be “noodles,” and potato bread does not purport to be “bread,” at least insofar as these terms are defined by regulation (as opposed to ordinary language).

Once again, take “milk” as an example. Despite the recent objections to qualified uses of the word “milk” described above, FDA has already recognized that its identity

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<sup>39</sup> 21 U.S.C. § 343(g).

<sup>40</sup> See e.g. *62 Cases of Jam v. United States*, 340 U.S. 593, 600 (1951) (“Congress used the words ‘purport’ and ‘represent’—terms suggesting the idea of counterfeit.”)

standard applies only to the unqualified term — indeed, FDA has recognized this fact for as long as the term has been standardized. In the very same regulation establishing the standard of identity for “milk,” FDA addressed its applicability to “flavored milk products” (e.g. chocolate milk).<sup>41</sup> On that topic, FDA stated, “[s]ince flavored milks, such as chocolate milk, *do not purport to be and are not represented as milk*, their distribution as nonstandardized foods could be continued after the establishment of an identity standard for milk.”<sup>42</sup> Similarly, FDA formerly prescribed a standard for a food known as “ice milk”<sup>43</sup> (what is today called “low-fat ice cream”) without any question that this product purported to be milk. And of course, buttermilk and milks from other animals (e.g. goat milk) have long existed on the market as nonstandardized foods, without any reasonable suggestion that they purport to be or are represented as “milk,” as defined by regulation. By the same token, section 403(g) of the Act presents no problem for names like “soy milk” or “almond milk,” as such products simply do not purport to be “milk.”<sup>44</sup>

More generally, FDA noted long ago that the “existence of a standard of identity for a particular food does not necessarily preclude the use of the standardized name in

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<sup>41</sup> 38 Fed. Reg. 27924, 27925 (Oct. 10, 1973).

<sup>42</sup> *Id.* (emphasis added.) The Commissioner nonetheless found it “reasonable” to include provisions for such products in the standard of identity itself.

<sup>43</sup> 25 Fed. Reg. 7125 (Jul. 27, 1960).

<sup>44</sup> See *Gitson*, at 3–4 (“the standardization of milk simply means that a company cannot *pass off* a product as ‘milk’ if it does not meet the regulatory definition of milk. . . . Soymilk, in short, does not ‘purport[] to be’ from a cow within the meaning of section 343(g).”)

connection with the name of a nonstandardized food, as ‘in some cases it may be necessary to include a standardized name in the name of the substitute food in order to provide the consumer with accurate, descriptive, and fully informative labeling.’”<sup>45</sup>

Regarding “substitute foods” specifically, FDA explained more fully in 1983:

in some cases, it may be reasonable and appropriate to include the name of a standardize[d] food or other traditional food in the name of a substitute food in order to provide the consumer with an accurate description. When this is done, the name of the food must be modified such that the nature of the substitute food is clearly described and is clearly distinguished from the food which it resembles and for which it is intended to substitute. The modification of the traditional or standardized food’s name must be descriptive of all differences that are not apparent to the consumer. Thus, the procedure for naming these foods will depend on the nature of the substitute food and the manner and extent to which it differs from the food it simulates.<sup>46</sup>

General principles like these were reflective of FDA’s shift away from prescribing standards of identity for new foods, and towards regulating most foods under general principles governing common or usual names.<sup>47</sup> These principles chiefly govern the food naming patterns that are the subject of this petition, and we examine them next.

### **Common or Usual Names**

Under section 403(i) of the Act, if a food does not represent itself as a standardized food, it must bear “the common or usual name of the food, if any there

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<sup>45</sup> 44 Fed. Reg. 3964, 3965 (Jan. 19, 1979), quoting 38 Fed. Reg. 20702, 20703 (Aug. 2, 1973).

<sup>46</sup> 48 Fed. Reg. 37666, 37667 (Aug. 19, 1983).

<sup>47</sup> See e.g. *id.* (withdrawing a proposal to establish standards of identity for milk, cheese, and cream substitutes). The fact that FDA has not established a standard of identity for any new food since 2002 (“white chocolate,” 67 Fed. Reg. 62177) is reflective of FDA’s change in approach.

be[.]”<sup>48</sup> The most natural reading of this provision is that food producers must simply label their products in accordance with what consumers commonly or usually call them.<sup>49</sup>

In clarifying this requirement, FDA has issued a regulation establishing general principles governing common or usual names.<sup>50</sup> (It is this regulation, 21 C.F.R. § 102.5, that GFI proposes amending.) The regulation, consistent with the ordinary meaning of section 403(i) described above, notes that the “common or usual name of a food may be established by common usage[.]”<sup>51</sup> In the more general case (e.g. when there is no such established common usage), the regulation states that the common or usual name of a food “shall accurately identify or describe, in as simple and direct terms as possible, the basic nature of the food or its characterizing properties or ingredients.”<sup>52</sup> The regulation also states that the common or usual name “may not be confusingly similar to the name of any other food that is not reasonably encompassed within the same name.”<sup>53</sup>

For the purposes of naming variations on other foods, this last provision is unfortunately somewhat vague and open to subjective interpretation. What names are

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<sup>48</sup> 21 U.S.C. § 343(i).

<sup>49</sup> Additionally, the language “if any there be” implies that some foods may *not* have a common or usual name, and that in such a case, there is no such obligation to identify the food under any particular name.

<sup>50</sup> Broadly speaking, this regulation is entitled to judicial deference under the *Chevron* doctrine, but only to the extent that it is a reasonable interpretation of the legal requirement of the Act. If, for example, FDA’s regulation could be interpreted to prohibit the use of a name that consumers commonly use to identify a product, such an interpretation may not be entitled to judicial deference, particularly in light of the First Amendment concerns described later in this petition.

<sup>51</sup> 21 C.F.R. § 102.5(d).

<sup>52</sup> 21 C.F.R. § 102.5(a).

<sup>53</sup> *Id.*

“confusingly similar”? What names are “not reasonably encompassed within” another name? Without clarification of FDA’s practices and policies, the vagueness of this provision leads to reasonable concerns about the risk of arbitrary (or even discriminatory) enforcement against some food products but not others.

Fortunately, FDA’s stated policies and actual practices have added some clarity to these provisions. As we saw above, since the 1970s FDA has taken the position that it is sometimes “necessary” to include one name within another “in order to provide the consumer with accurate, descriptive, and fully informative labeling.”<sup>54</sup> In the case of “substitute” foods, it is “reasonable and appropriate” to do so, as long as “the name of the food [is] modified such that the nature of the substitute food is clearly described and is clearly distinguished from the food which it resembles and for which it is intended to substitute.”<sup>55</sup>

This policy faced opposition from some in industry — most notably the dairy industry, which was opposed to any use of dairy terms in the names of modified dairy products (most commonly, products with decreased milkfat content). But to the extent there was debate over naming such products,<sup>56</sup> it was largely settled with the passage of the NLEA in 1990 and FDA’s subsequent promulgation of regulations under that law.<sup>57</sup> As a result of this change, food producers have been allowed to label food products with

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<sup>54</sup> 44 Fed. Reg. 3964, 3965 (Jan. 19, 1979), quoting 38 Fed. Reg. 20702, 20703 (Aug. 2, 1973).

<sup>55</sup> 48 Fed. Reg. 37666, 37667 (Aug. 19, 1983).

<sup>56</sup> FDA established standards for some such products, but was not always consistent in its positions on other unstandardized products.

<sup>57</sup> 21 C.F.R. § 130.10.

nutrient-content qualifiers modifying the names of traditional foods. These names can be surprising at first, like “fat-free cheddar” (cheese without milkfat) or “fat-free ice cream” (ice cream without cream), often outright contradicting what consumers would ordinarily expect from these products. And the contradictions are not limited to the qualifying terms: FDA also allowed such food products to deviate from the standards of identity for the standardized foods in ways besides the clearly-identified changes in nutrient content. FDA permitted deviations from “non-ingredient provisions” such as “moisture content, food solids content requirements, or processing conditions.”<sup>58</sup> Additionally, FDA permitted the addition of any “safe and suitable ingredients” “used to improve texture, add flavor, prevent syneresis, extend shelf life, improve appearance, or add sweetness,” even if the addition of such ingredients to the standardized food would ordinarily violate the standard of identity.<sup>59</sup>

As FDA explained at the time of this change, the qualifying nutrient-content language, together with “accompanying label statements[ ] and nutrition labeling, will enable consumers to distinguish traditional foods from modified versions of these foods . . . .”<sup>60</sup> This language demonstrates FDA’s position that if qualifying language in

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<sup>58</sup> 21 C.F.R. § 130.10(c).

<sup>59</sup> 21 C.F.R. § 130.10(d)(1). However, ingredients “specifically prohibited by the standard” are not permitted in the modified foods. 21 C.F.R. § 130.10(d)(3).

<sup>60</sup> 58 Fed. Reg. 2431, 2439 (Jan. 6, 1993). The introduction of nutrition labeling by the NLEA was especially important — if a consumer is confused by what exactly “fat-free ice cream” is (because the ingredients of this product can vary drastically from brand to brand), the consumer has access not just to a list of all the ingredients, but also to detailed nutritional information about the product. The “Nutrition Facts” panel has become familiar to consumers over the past two decades, and consumer consciousness of this information has significantly decreased consumer reliance on expectations that food products conform to recipes specified in identity standards.

the product name, together with other information on the label, effectively enables consumers to distinguish the modified food from the traditional food, consumers will not be confused or otherwise deceived by the product, notwithstanding the inclusion of the name of a traditional food that it resembles. The language that GFI proposes in this petition follows this standard.

This general principle applies just as well to cashew butter, rice noodles, and soymilk, as it does to “fat-free [cream-free] ice cream.” Indeed, the first three terms are (if anything) *clearer* than the last, as they provide much more information as to what *is* in the product, as opposed to what is not. More analogous still would be products like gluten-free bread — as above, if a consumer is confused by what exactly “bread” is without gluten (or wheat), the ingredients list and Nutrition Facts are no more than a panel away.

### **Imitation**

Finally, it is necessary to discuss how GFI’s proposed regulation is consistent with the law and FDA policies governing “imitation” labeling, as some food products (like soymilk) are sometimes argued to be “imitations.”<sup>61</sup> Section 403(c) of the Act deems any product misbranded if it is “an imitation of another food, unless its label bears . . . the word ‘imitation’ and, immediately thereafter, the name of the food imitated.”<sup>62</sup> By

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<sup>61</sup> See, e.g. Comments of National Milk Producers Federation, May 5, 2014, available at <https://www.regulations.gov/document?D=FDA-2009-D-0430-0074>.

<sup>62</sup> 21 U.S.C § 343(c).



regulation, FDA has clarified that a food “shall be deemed to be an imitation . . . if it is a substitute for and resembles another food but is nutritionally inferior to that food.”<sup>63</sup>

FDA described this regulation as “fully consistent” with early court cases interpreting section 403(c), which “discussed factors of resemblance, substitution, and inferiority in concluding that the products involved were imitations.”<sup>64</sup> These early cases discussed “substitution and resemblance” in terms of taste, smell, appearance, color, texture and body, as well as its intended uses and method of manufacture, packaging, sale.<sup>65</sup> (Elsewhere in its regulations, FDA uses the catchall term “organoleptically” — pertaining to all senses, including sight, taste, touch, and smell — to determine whether a food is a “substitute for” another food in deeming it an “imitation.”)<sup>66</sup> Further, in establishing its regulation regarding imitation foods, FDA made clear that new food products (clearly identified as such) would not be deemed imitations, favorably citing cases “holding that a vegetable oil substitute for cream, which looks like, tastes like, and is intended to replace cream, is not an ‘imitation cream’ but rather a separate and distinct product that should bear its own common or usual name.”<sup>67</sup>

In light of these narrow criteria for what makes a food an “imitation” of another food, specified in FDA’s regulatory decisions and early court cases, only convincing

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<sup>63</sup> 21 C.F.R. § 101.3(e)(1).

<sup>64</sup> 38 Fed. Reg. 20702, 20702 (Aug. 2, 1973).

<sup>65</sup> *United States v. 651 Cases . . . Chil-Zert*, 114 F. Supp. 430, 432 (N.D.N.Y. 1953).

<sup>66</sup> 21 C.F.R. § 101.13(d).

<sup>67</sup> 38 Fed. Reg. at 20702, citing *Coffee-Rich, Inc. v. Kan. State Bd. of Health*, 388 P.2d 582 (Kan. 1964), *Coffee Rich, Inc. v. Mich. Dept. of Agriculture*, 135 N.W.2d 594 (Mich. 1965).

counterfeit products (which are also nutritionally inferior) fall into the category of “imitation” foods. Partly due to this exacting standard, and partly due to the more recent trends in “common or usual” nomenclature described in this petition, the “imitation” label is practically never seen on any products today.

Arguments that products like soymilk or almond milk are “imitations” of cow’s milk rely too much on FDA’s language “substitute[s] for and resembles another food,” without evaluating this language in terms of the court decisions this language codifies (or even FDA’s own use of the term “organoleptically”). A basic flaw in such arguments is that they appear to construe “resembles” too narrowly in a visual sense — essentially, they argue that because soymilk *looks* like cow’s milk and is used in similar ways, it is an imitation. For one thing, this completely ignores other “organoleptic” factors (like taste, smell, and texture) that are manifestly different to anyone who has compared such products. Another obvious flaw in this argument is that, if taken at face value, it would prove too much: rye bread would be “imitation bread” and gluten-free spaghetti would be “imitation spaghetti,” because both products look very much like their wheat counterparts and are used in the same way. Even goat milk would not escape this fate — it has significantly less Vitamin B<sub>12</sub> than milk from cows — and would therefore need to bear the name “imitation milk.” This would be nonsense. The Act’s “imitation” provision has, since at least the 1960s, been understood to target nutritionally-inferior, cheap

counterfeit products — and not distinct food products that clearly identify themselves as such.<sup>68</sup>

For the reasons stated above, the standard described by GFI is consistent with FDA’s recent policy and practices regarding the naming of new food products.<sup>69</sup> The language GFI proposes would allow labels to state clearly, as qualifiers to other common names, “alternative plant or animal source[s] that replace[ ] the main characterizing ingredient(s) or component(s) of” these other foods — be it goat milk or almond milk, rye bread or cornbread, rice noodles or buckwheat noodles. In the modern marketplace, consumers are very familiar with products like these that advertise alternative plant and animal sources. Products may also state, as clear qualifiers to other common names, the “absence of a primary characterizing plant or animal source, or of a nutrient, allergen, or other well-known characterizing substance” — like gluten-free bread, dairy-free ice

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<sup>68</sup> On this point, some are apparently attempting to relitigate bygone unsuccessful challenges to FDA’s narrow definition of “imitation.” *Nat’l Milk Producers Fed. v. Harris*, 653 F.2d 339, 343 (8th Cir. 1981) (citing *Fed. of Homemakers v. Schmidt*, 539 F.2d 740 (D.C. Cir. 1976)).

<sup>69</sup> GFI recognizes that, in 2008 and 2012, FDA issued warning letters expressing an opinion that “soy milk” is not an appropriate name simply because “milk” is a standardized term. *See* Warning Letter to Fong Kee Tofu Co., March 7, 2012, available at <http://www.fda.gov/ICECI/EnforcementActions/WarningLetters/2012/ucm295239.htm>; Warning Letter to Lifesoy, Inc., August 8, 2008, available at <http://www.fda.gov/ICECI/EnforcementActions/WarningLetters/2008/ucm1048184.htm>. But FDA has maintained (and courts have agreed) that such letters are “informal and advisory.” *Holistic Candles and Consumers Assn. v. FDA*, 664 F.3d 940, 944 (D.C. Cir. 2012). As such, courts have not deferred to interpretations in such letters. *See, e.g. Ang v. WhiteWave Foods Co.*, 2013 WL 6492353 (N.D. Cal., Dec. 10, 2013) (declining to recognize these warning letters as FDA’s considered, reasoned policy); *cf. Nat’l Mining Assn v. McCarthy*, 758 F.3d 243, 251 (D.C. Cir. 2014) (noting lack of deference to interpretive rules and statements of policy) (citing *United States v. Mead Corp.*, 533 U.S. 218 (2001)). For the reasons stated in this petition, GFI does not believe that FDA would, after careful consideration, formally adopt the line of reasoning stated briefly and informally in these warning letters.

cream, or wheat-free soy sauce.<sup>70</sup> As FDA has stated for qualifiers like “fat-free,” these qualifiers effectively serve to notify consumers that these products differ from their traditional counterparts, and other information on the label enables consumers to inform themselves exactly how such products differ, including nutritionally. For the same reasons, the regulation also generally allows for any other compound name, provided it clearly notifies consumers that the product differs from the standardized or traditional food.

Finally, although the principles described in this petition are firmly rooted in established FDA policy and the practice of the agency, GFI is motivated to file this petition because others vocally disagree and, as noted earlier, have recently urged FDA to take a different course, specifically regarding plant-based dairy alternatives. As described below, this is constitutionally perilous territory: if FDA (or Congress) were to heed such calls and target new (and old) non-dairy alternative products for selective enforcement, it would violate the First Amendment rights of the producers of these

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<sup>70</sup> GFI is also aware of 21 C.F.R. § 105.62, governing “food [that] purports to be or is represented for special dietary use by reason of the decrease or absence of any allergenic property or by reason of being offered as food suitable as a substitute for another food having an allergenic property[.]” At first blush, this regulation seems to provide some support for GFI’s more general language, as it requires (and deems sufficient) “qualification of the name of the food . . . to reveal clearly the specific plant or animal [sources].” But it also contains onerous provisions, like requiring such products to label the “*proportion* of each ingredient” and the “specific plant or animal” source of *each* ingredient. A broad reading would imply that all foods that bear claims like “soy-free,” “wheat-free,” or “dairy-free,” as well as many substitute foods, would be subject to these burdensome and heightened labeling requirements. Because it is unclear what (if any) relevance this provision has today in view of developments since its initial promulgation in 1941 (6 Fed. Reg. 5921) — such as mandatory allergen labeling and the NLEA — GFI has chosen not to discuss this provision extensively in this petition. GFI instead simply notes that this language, similar to GFI’s proposal, has previously been used by FDA.

products to label and describe their products in a truthful and clear manner consistent with consumer expectations.<sup>71</sup>

**2. Restrictions on commercial speech are subject to judicial scrutiny under *Central Hudson*, and proposed restrictions against dairy alternatives do not withstand such scrutiny.**

Forbidding producers and sellers of products like soymilk or almond milk<sup>72</sup> from using such names would be a restriction on protected commercial speech, and would be subject to judicial scrutiny under the First Amendment. The constitutionality of such restrictions is determined under the Supreme Court’s four-prong *Central Hudson* test:<sup>73</sup> if commercial speech (1) concerns lawful activity and is not misleading; and (2) the government asserts a substantial interest in restricting such speech; then (3) the government regulation must directly advance that interest and (4) not be more extensive than necessary to serve that interest. As described below, attempts to restrict food producers from using names of traditional products to describe new products would fail to satisfy this standard and would therefore violate the First Amendment.

Those who propose banning names like “soymilk” and “almond milk” frequently refer to such names as “misleading,” simply because the products do not contain cow’s

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<sup>71</sup> Further, in light of the First Amendment concerns described in this petition, courts would likely construe the Act and FDA’s regulations as narrowly as possible to avoid these serious constitutional questions. See, e.g. *Solid Waste Agency of N. Cook Cnty. v. U.S. Army Corps of Eng’rs*, 531 U.S. 159, 172–73 (2001). This consideration would strongly favor the interpretation of the Act and regulations described above.

<sup>72</sup> GFI uses these products throughout this section for illustrative purposes because these products have been most visibly targeted by the dairy industry. However, the analysis is much the same for any other product conforming to the standard proposed by GFI.

<sup>73</sup> *Cent. Hudson Gas & Elec. Corp. v. Pub. Serv. Comm’n of N.Y.*, 447 U.S. 557, 566 (1980).

milk. Under the first prong of *Central Hudson*, regulations of false or misleading speech do not require extensive constitutional analysis, but the meaning of “misleading” in this context is narrowly delineated. Only when speech is *inherently* misleading will it fall outside of the protection of the First Amendment.<sup>74</sup> Otherwise, if speech is only *potentially* misleading, *Central Hudson* scrutiny applies in full, and the government may restrict such speech only in a manner that directly and narrowly serves its interest in preventing deception (or any other demonstrated substantial interest).<sup>75</sup> Further, the *government* carries the burden of demonstrating that such an interest in preventing deception is “substantial” and directly and narrowly served by the speech restriction.<sup>76</sup>

The government would not meet the very high bar of demonstrating that common names such as soymilk or almond milk are inherently misleading.<sup>77</sup> These products have long carried these names, and as described extensively in this petition, names such as these (constructed by adding a qualifying term in front of the name of another food) are used extensively in the marketplace for many products (as well as in natural language) without any apparent confusion. And courts that have considered the issue have concluded, as a matter of law, that no reasonable consumer would be misled by these

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<sup>74</sup> See *Pearson v. Shalala*, 164 F.3d 650, 655 (D.C. Cir. 1999) (citing, *inter alia*, *In re R.M.J.*, 455 U.S. 191, 203 (1982)).

<sup>75</sup> *Id.* at 655–56.

<sup>76</sup> *R.J. Reynolds Tobacco Co. v. FDA*, 696 F.3d 1205, 1217 (D.C. Cir. 2012) (citing *Edenfield v. Fane*, 507 U.S. 761, 770–71 (1993)).

<sup>77</sup> See *Pearson*, 164 F.3d at 655 (describing “inherently misleading” standard in terms of “awesome impact” leaving consumers “bound to be misled.”)

product names.<sup>78</sup> Furthermore, consumer research on the understanding of the name “soymilk” has demonstrated that the proportion of consumers confused by the name is nearly zero.<sup>79</sup> It is unclear whether the government would be able to demonstrate that the term even has substantial *potential* to mislead, given the results of such research and how courts have addressed the issue. However, because this petition concerns the prospective nomenclature of a variety of products, we may assume for the sake of argument that the naming of at least *some* such products may have the conceivable potential to be misleading.

But even if the government could demonstrate that such names have substantial potential to mislead consumers, an outright ban on such names would still need to satisfy the final two prongs of *Central Hudson*. To do so, the restriction of such names must “directly advance” the interest in preventing consumer deception or confusion to a “material degree,”<sup>80</sup> and must be no more extensive than necessary to serve that interest. In the case of soymilk and almond milk, forbidding such names, which an overwhelming majority consumers already understand and use to refer to such products, could not

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<sup>78</sup> See Order, *Gitson v. Trader Joe’s Co.*, 13-cv-01333, Doc. 139 (N.D. Cal., Dec. 1, 2015); *Ang v. WhiteWave Foods Co.*, 2013 WL 6492353 (N.D. Cal., Dec. 10, 2013) (“The first words in these products’ names should be obvious to even the least discerning of consumers. . . . [Claiming that] a reasonable consumer might confuse plant-based beverages such as soymilk or almond milk for dairy milk . . . stretches the bounds of credulity. Under Plaintiff’s logic, a reasonable consumer might also believe that veggie bacon contains pork, that flourless chocolate cake contains flour, or that e-books are made out of paper.”) These opinions are appended to this petition as Attachment B.

<sup>79</sup> Soyfoods Association of North America, *Summary of Research on Consumer Awareness of Soymilk and Dairy Milk*, appended to this petition as Attachment A.

<sup>80</sup> *R.J. Reynolds*, 696 F.3d at 1218 (citations omitted).

possibly “directly and materially” serve an interest in preventing deception or confusion. (Labeling with an alternative name, like “soy beverage,” might *itself* be confusing to consumers who are used to calling it “soymilk.”) Although in general, banning a potentially confusing name outright may directly avoid potential confusion, banning the use of an already well-established name would result in *more* consumer confusion, and so would hardly serve the government’s interest in *preventing* confusion.

Yet even in cases where the government could show that banning a potentially confusing name would “directly and materially” avoid deception, the government would still need to satisfy the last part of the *Central Hudson* test. It is here that restrictions on GFI’s proposed naming pattern would *always* fail to withstand scrutiny: such restrictions are emphatically *not* necessary to serve any interest in preventing confusion or deception, and are not narrowly tailored to that end. The government has many alternative tools at its disposal for combating whatever potential deception it might claim; in fact, many of these tools are already in place. The FDCA requires food labels to bear a full list of ingredients that can instantly dispel most any question a confused consumer may have, such as whether there is any wheat in gluten-free bread, or whether there is any egg in rice noodles, or whether there is any cow’s milk in soymilk. Similarly, nutritional labeling is already required, which allows consumers to compare these foods to their traditional counterparts in yet another way.<sup>81</sup>

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<sup>81</sup> This was the very same logic FDA used in addressing objections to nutrient-content qualified names like “fat-free ice cream.” 58 Fed. Reg. 2431, 2439 (Jan. 6, 1993).



In the case of soymilk and almond milk, these measures are more than sufficient to fully inform consumers, as courts have recognized.<sup>82</sup> And even if they were not, the government has no shortage of other, more narrowly-tailored options available. For example, the government could potentially require products to label themselves with additional statements that describe significant differences that are alleged to be a source of potential confusion (e.g. requiring soymilk and almond milk products to bear “dairy-free” declarations — as most already do.)<sup>83</sup> In sum, there are many alternative narrowly-drawn ways to dispel potential deception, and “[i]f the First Amendment means anything, it means that regulating speech must be a last — not first — resort.”<sup>84</sup> The government would bear a heavy burden in demonstrating that these alternative approaches (especially those already in effect) are insufficient to advance its interests before courts would permit an outright speech ban<sup>85</sup> — and this, GFI submits, the government would be unable to do for any of the names under GFI’s proposed standard.

Proponents of a ban on the names “soymilk” and “almond milk” also argue alternatively that consumers may suffer some sort of nutritional injury if they purchase

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<sup>82</sup> See *Gitson and Ang* (Attachment B).

<sup>83</sup> However, GFI notes that even less-restrictive measures like this would be difficult to justify constitutionally, in light of the negligible risk of consumer confusion and the mandatory ingredient and nutritional labeling already required by the FDCA.

<sup>84</sup> *Thompson v. W. States Med. Ctr.*, 535 U.S. 357, 373 (2002).

<sup>85</sup> See *Pearson*, 164 F.3d at 659–60 (describing First Amendment preference for disclaimers and disclosures over suppression.)

and consume these products believing them to be nutritionally equivalent to cow's milk.<sup>86</sup> But no reasonable consumer would assume that two distinct products have identical nutritional content,<sup>87</sup> so this speculative risk cannot possibly justify a ban on such names.<sup>88</sup> Under *Central Hudson*, the government would first face the (likely impossible) task of showing that a significant number of consumers hold a belief that these distinct products are totally nutritionally equivalent. And even assuming the government could demonstrate that this presents a real, substantial, and material risk, the government has available other tools for addressing it, all of which are more narrowly drawn than an outright speech ban. In fact, mandatory nutritional labeling already suffices to inform consumers not just *that* the products are distinct, but exactly *how* they are distinct nutritionally — and this comprehensive disclosure is more than enough to protect against any supposed risk of deception.<sup>89</sup> Just as above, this argument in favor of an outright ban on such names would fail to stand up to *Central Hudson* scrutiny.<sup>90</sup>

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<sup>86</sup> See Comment from National Milk Producers Federation, July 28, 2010, available at <https://www.regulations.gov/document?D=FDA-2010-N-0210-0092>.

<sup>87</sup> “[A] reasonable consumer (indeed, even an unsophisticated consumer) would not assume that two distinct products have the same nutritional content; if the consumer cared about the nutritional content, she would consult the label.” *Gitson*, at 3.

<sup>88</sup> Further, a logical extension of this argument would require a ban on labeling goat or sheep or buffalo milk with the word “milk,” as all of these products have different nutritional profiles from cow's milk. And the same is true for rye bread vis-à-vis wheat bread, rice noodles vis-à-vis wheat noodles, and so on.

<sup>89</sup> See *Gitson*, at 3 (quoted above, note 87). And as above, in addition to already-mandatory comprehensive nutritional labeling, courts would also consider whether any other possible measures for disclosure would be more narrowly-drawn and therefore preferable to an outright speech ban. See *Pearson*, 164 F.3d at 659–60.

<sup>90</sup> Note also that, before the passage of NLEA and FDA's subsequent regulations, federal courts used similar reasoning in analyzing state bans on the use of dairy names by other products,

For these reasons, proposals to ban common names for dairy alternatives would run afoul of the First Amendment, failing to withstand scrutiny under *Central Hudson*. Additionally, such proposals infringe the First Amendment for other reasons, discussed next.

**3. Attempts to restrict or ban common names for dairy alternatives would be subject to heightened scrutiny.**

Although restrictions on commercial speech are generally subject to *Central Hudson* “intermediate” scrutiny, recent developments in the law indicate that, in some cases, such restrictions will require an even greater level of judicial scrutiny. Proposals that particularly target dairy alternatives with a ban on their commonly-used names would fall into this category, and would not withstand heightened judicial scrutiny.

The Supreme Court has recently made clear that “content-based” burdens or restrictions are subject to “heightened” judicial scrutiny, even in the commercial context.<sup>91</sup> The Court has not clarified exactly what form this “heightened” scrutiny takes, though it has noted that ordinarily, it is “all but dispositive to conclude that a law is content-based.”<sup>92</sup> Further, even some restrictions that *appear* on their face to be content-neutral “will be considered content-based regulations of speech: laws that cannot be

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striking down such restrictions under the First Amendment. See, e.g. *Lever Bros. Co. v. Maurer*, 712 F. Supp. 645, 651–52 (S.D. Ohio 1989); *Anderson, Clayton & Co. v. Washington St. Dept. of Agriculture*, 402 F. Supp. 1253, 1257–58 (W.D. Wash 1975).

<sup>91</sup> *Sorrell v. IMS Health*, 31 S. Ct. 2653, 2664–65 (2011).

<sup>92</sup> *United States v. Caronia*, 703 F.3d 149, 164 (2d Cir. 2012), quoting *Sorrell*, 31 S. Ct. at 2667.

‘justified without reference to the content of the regulated speech’ or that were adopted by the government ‘because of disagreement with the message [the speech] conveys.’”<sup>93</sup>

Restricting the common names of dairy alternatives, such as soymilk, would be a content-based restriction on speech, because such restrictions cannot be justified without reference to the content of such speech — to wit, the fact that such names reference dairy products specifically. Such content-based restrictions are “presumptively invalid,”<sup>94</sup> and the government would need to put forth compelling evidence-based justifications to overcome this heavy presumption.

To avoid this heightened level of scrutiny, the government would need to develop and apply any proposed restriction in a content-neutral manner.<sup>95</sup> In order for a restriction of this sort to be truly content-neutral, it would need to apply with equal force to *any* product name that encompasses another, and not merely non-dairy alternatives to dairy products. The government, for example, could potentially ban *any* product from bearing the name of another unless it satisfies the definition of such other product. But the government could not do so without contradicting established FDA policies regarding the naming of foods with nutrient-content claims (e.g. “fat-free cheddar cheese”), or established commonsense practice regarding other product names that incorporate standardized terms (such as rye bread or rice noodles).

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<sup>93</sup> *Reed v. Town of Gilbert*, 135 S. Ct. 2218, 2227 (2015) (citation omitted).

<sup>94</sup> *Sorrell*, 131 S. Ct. at 2667 (quoting *R.A.V. v. St. Paul*, 505 U.S. 377, 382 (1992)).

<sup>95</sup> The current legislative proposal for such restrictions is not content-neutral; it exclusively singles out dairy terms for protection. DAIRY PRIDE Act, S.130, 115th Cong. § 3 (2017).

Nor could the government, in this context, rely on the content-neutral justification that it is merely targeting “potentially misleading” names of any sort, because many other products with similar names have *greater* potential to mislead or confuse consumers than products like soymilk or almond milk (which declare their basic nature — “soy” and “almond” — clearly and up-front). Take multigrain bread, for instance. There is no standard for such product, and a “5-grain bread” could conceivably be 98% white flour, with the other four grains constituting the remaining 2% — not the significant share consumers might expect.<sup>96</sup> Or rice noodles, the name of which does not declare up-front whether it contains egg or wheat, as required of “noodles” under FDA’s standard of identity.<sup>97</sup> And so on. The government could offer no content-neutral justification for banning outright the names of “soymilk” or “almond milk,” while allowing other products named in similar fashion to keep their names.

This highlights yet another reason a ban on such non-dairy names would be subject to heightened judicial scrutiny: courts would likely determine that such a restriction is a content-based *and* speaker-based restriction, targeting producers of plant-based alternative products specifically. For one thing, it would be a speaker-based restriction because it would forbid only producers of such products (though not consumers, academics, or even the government itself) from using such names to describe

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<sup>96</sup> Ironically, as noted earlier, such a product would satisfy the standard of identity for “bread” — and would be all the more misleading for it!

<sup>97</sup> Also, unenriched rice flour contains lesser amounts of some nutrients (like protein and iron) than wheat flour does. This mirrors the situation of unfortified soymilk *vis-à-vis* cow’s milk.

these products.<sup>98</sup> But it would also not escape judicial notice that these restrictions have been publicly and loudly demanded by the dairy industry for many years in an effort to protect its market share. This historical fact would infect any subsequent government action with the stench of favoritism — using the power of the state to benefit one politically powerful group at the expense of its competitors — and could lead a reviewing court to conclude that such government action is an attempt to burden “disfavored speech by disfavored speakers.”<sup>99</sup> As the cases cited herein demonstrate, courts are particularly likely to strike down speech restrictions in such circumstances.

Simply put, proposed restrictions on the names of dairy alternatives cannot be justified in a content-neutral way, and even if they could be, such restrictions would fail to withstand *Central Hudson* scrutiny. FDA should resist the dairy industry’s calls for anticompetitive regulation, and instead adopt GFI’s neutral regulation that allows not just dairy alternatives, but *any* alternative products, to use clear and concise compound names noting alternative sources, properties, or origins, which consumers readily understand. This framework is not merely a good idea — under our Constitution, the freedom to use such names must generally be maintained.

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<sup>98</sup> See *Caronia*, 703 F.3d at 165; *Sorrell*, 131 S. Ct. at 2663.

<sup>99</sup> *Sorrell*, 131 S. Ct. at 2663.

### **III. Conclusion and request for action**

For the reasons described above, and consistent with FDA policy and practice as well as the First Amendment, GFI respectfully asks that FDA adopt the proposed regulation to clarify that FDA will generally allow the use of compound food names whenever a reasonable consumer would understand that such a modified food name denotes a distinct product.

### **IV. Environmental Impact**

Preparation of an environmental assessment (EA) or an environmental impact statement (EIS) is not ordinarily required for the “issuance, amendment, or repeal of a food standard,” 21 C.F.R. § 25.32(a).

### **V. Economic Impact**

Pursuant to 21 C.F.R. § 10.30, information on economic impact will be submitted only if requested by the Commissioner following review of this petition.

\* \* \*

## VI. Certification

The undersigned certifies that, to the best of his knowledge and belief, this petition includes (1) all information and views on which the petition relies and (2) any representative data and information known to the petitioner that are unfavorable to the petition.

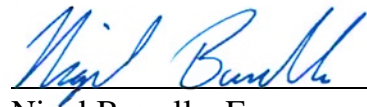
Sincerely,

Bruce Friedrich  
Executive Director  
The Good Food Institute

Nicole Negowetti  
Policy Director  
The Good Food Institute

Nigel Barrella  
Law Office of Nigel A. Barrella

By:



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Nigel Barrella, Esq.

Attachments:

- A. Soyfoods Association of North America, Summary of Consumer Research
- B. Orders from Federal Court Cases: *Gitson* and *Ang*



**ATTACHMENT A**

# Soyfoods Association of North America

1050 17<sup>th</sup> Street, NW • Suite 600 • Washington, DC 20036 • USA

## Summary of Research on Consumer Awareness of Soymilk and Dairy Milk

Market Tools conducted this research in 2006

### Study Design

- > Overview of Study Design
  - Method: Awareness and Usage
  - Sample Description:
    - > Gen pop, adults ages 18-64
    - > Primary grocery shopper
    - > Industry security screen
  - Sample Size: 814 (135 Soymilk category users)
  - Field Dates: September 21 – 26, 2006

### Summary of Findings

- > **There is no confusion between soymilk and cow's milk.**
  - Very few have mistakenly purchased soymilk when looking to purchase cow's milk.
  - People are clear that there is no cow's milk in soymilk.
    - > Nearly all listed soy first as an ingredient followed by water, vitamins, and minerals.
- > Most soy using households also purchase cow's milk.
- > Many believe that there are heart healthy ingredients in soy that are not in cow's milk.
- > Future growth for the soy category is likely as many indicate an interest in buying soymilk.

Question: Cow's milk is not associated with soymilk

MAIN INGREDIENTS OE: What do you think are the main ingredients of soymilk ?							
	TOTAL	AGE		USAGE			POTENTIAL
		UNDER 45 B	45+ C	SOY USER D	DAIRY USER E	DAIRY ONLY F	POTENTIAL G
Base: Total Respondents	814	510	304	135	804	673	258
	%	%	%	%	%	%	%
INGREDIENTS (NET)	84	84	83	92 F	84 F	82	86
SOY (SUBNET)	80	80	81	89 EF	80 F	79	81
Soy	53	55 c	49	51 EF	53 F	54	52
Soy bean	23	21	26	32 EF	23 F	21	23
Water	22	22	24	38 EF	22 F	19	23
Sugar	6	6	6	17 EF	6 F	4	5
FLAVORING (SUBNET)	6	6	6	18 EF	6 F	3	5
Milk	3	4	2	2	3	4	4
Dry/Powder Milk	0	0	1	0	0	1	1
Cow's milk	0	0	1 b	0	0	0	0
NA	5	5	5	5	5	5	4
Nothing/none	4	4	3	0	4	8 DE	2

Capital letters indicate significant difference at the 90% confidence level.

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**ATTACHMENT B**

United States District Court  
Northern District of California

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UNITED STATES DISTRICT COURT  
NORTHERN DISTRICT OF CALIFORNIA

AMY GITSON, et al.,  
  
Plaintiffs,  
  
v.  
  
TRADER JOE'S COMPANY,  
  
Defendant.

Case No. 13-cv-01333-VC

**ORDER GRANTING IN PART AND  
DENYING IN PART PARTIAL  
MOTION TO DISMISS; GRANTING IN  
PART AND DENYING IN PART  
MOTION TO STRIKE**

Re: Dkt. No. 131

The plaintiffs allege that Trader Joe's has mislabeled a number of products in violation of California law. Two motions to dismiss have been decided by the district judge previously assigned to the case. The pleadings have been settled for the most part.

In its current (and presumably final) motion to dismiss, Trader Joe's primarily seeks dismissal of the claims relating to "soymilk" products. The Third Amended Complaint alleges that the use of the word "soymilk" by Trader Joe's to describe products that don't contain cow's milk violates the federal Food, Drug and Cosmetic Act, which in turn would constitute a violation of the California Sherman Act, which in turn would potentially be the basis for a claim under the "unlawful" prong of California's Unfair Competition Law. Although the previously-assigned district judge has ruled on certain aspects of this question, the case law has developed since that time, warranting full reconsideration of whether the plaintiffs have stated a claim with respect to the soymilk products.

Often in food labeling cases, courts jump straight to the question whether a plaintiff may state a claim under California's Unfair Competition Law. But there is a threshold question. Although a plaintiff may not sue directly under the federal Food, Drug and Cosmetic Act (because it does not create a private right of action), the plaintiff must nonetheless allege facts that, if

1 proven true, would amount to a violation of that federal statute. If the alleged conduct would  
2 indeed amount to a violation of the federal statute, a plaintiff might be able to pursue a claim  
3 under state law based on that conduct (assuming the plaintiff satisfies any additional requirements  
4 for bringing a claim under the applicable state law). But if the alleged conduct would not violate  
5 the federal statute, it doesn't matter whether the plaintiff could pursue a state law claim based on  
6 that conduct. If a food label does not violate the federal statute, any state law claim arising from  
7 that label is automatically preempted, because when it comes to food labels, state law may only  
8 impose liability for what the federal statute proscribes. *Perez v. Nidek Co.*, 711 F.3d 1109, 1119–  
9 20 (9th Cir. 2013); *Garrison v. Whole Foods Mkt. Grp., Inc.*, 2014 WL 2451290, at \*1–2 (N.D.  
10 Cal. June 2, 2014). The threshold question in this case, then, is whether the use of the word  
11 "soymilk" in the Trader Joe's products could conceivably violate the federal Food, Drug and  
12 Cosmetic Act. The answer to that question is no.

13       There are two potential theories for how the products could violate the federal statute. The  
14 first is that the use of the word "soymilk" is, generally speaking, "false or misleading" within the  
15 meaning of 21 U.S.C. § 343(a). Whether a food label is "misleading" is typically analyzed from  
16 the perspective of a reasonable consumer. *See* U.S. FOOD & DRUG ADMIN., GUIDANCE: QUALIFIED  
17 HEALTH CLAIMS IN THE LABELING OF CONVENTIONAL FOODS AND DIETARY SUPPLEMENTS, 2002  
18 WL 32811482, at \*5 (2002) (superseded on other grounds by U.S. FOOD & DRUG ADMIN.,  
19 GUIDANCE: INTERIM PROCEDURES FOR QUALIFIED HEALTH CLAIMS IN THE LABELING OF  
20 CONVENTIONAL HUMAN FOOD AND HUMAN DIETARY SUPPLEMENTS, 2003 WL 24014304 (2003))  
21 ("In assessing whether food labeling is misleading, FDA will use a 'reasonable consumer'  
22 standard.").<sup>1</sup> The plaintiffs cannot state a claim because they have not articulated a plausible  
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24 <sup>1</sup> Some courts, in decisions rendered before the FDA issued this guidance, have suggested that a  
25 label violates section 343(a) if it is misleading to the least sophisticated of consumers (even if it is  
26 not misleading to the reasonable consumer). *See United States v. Strauss*, 999 F.2d 692, 696–97  
27 (2d Cir. 1993); *cf. United States v. El-O Pathic Pharmacy*, 192 F.2d 62, 75 (9th Cir. 1951) (stating  
28 in a different context that the purpose of the federal Food, Drug and Cosmetic Act is to protect  
people who are "ignorant" and "unthinking"). Other courts have, like the subsequent FDA  
guidance, suggested that a label violates section 343(a) only if it is misleading to an ordinary  
consumer. *See United States v. Kocmond*, 200 F.2d 370, 373 (7th Cir. 1952); *United States v. 46  
Cases, More or Less, Welch's Nut Caramels*, 204 F. Supp. 321, 322 (D.R.I. 1962). More recent  
decisions tend to assume without discussion that a "reasonable consumer" standard applies to the

1 explanation for how "soymilk" is misleading. At one point the plaintiffs seem to suggest the term  
 2 is misleading because people might mistake soymilk for actual milk from a cow, but that is not  
 3 plausible. The reasonable consumer (indeed, even the least sophisticated consumer) does not  
 4 think soymilk comes from a cow. To the contrary, people drink soymilk in lieu of cow's milk.  
 5 *See, e.g., Ang v. Whitewave Foods Co.*, 2013 WL 6492353, at \*4 (N.D. Cal. Dec. 10, 2013)  
 6 ("Moreover, it is simply implausible that a reasonable consumer would mistake a product like  
 7 soymilk or almond milk with dairy milk from a cow. The first words in the products' names  
 8 should be obvious enough to even the least discerning of consumers."). The plaintiffs also suggest  
 9 that the word "soymilk" is misleading under section 343(a) because it implies that the product has  
 10 a similar nutritional content to cow's milk. But a reasonable consumer (indeed, even an  
 11 unsophisticated consumer) would not assume that two distinct products have the same nutritional  
 12 content; if the consumer cared about the nutritional content, she would consult the label.<sup>2</sup>

13 The second and more specific theory for how a "soymilk" product could violate the federal  
 14 statute is that it "purports to be or is represented as" a food that has been given a "standard of  
 15 identity" by FDA regulations. *See* 21 U.S.C. § 343(g). Milk is indeed a food that that the FDA  
 16 has standardized. *See* 21 C.F.R. § 131.110 (describing "milk" as from a cow and explaining the  
 17 way it should be labeled). But the fact that the FDA has standardized milk does not categorically  
 18 preclude a company from giving any food product a name that includes the word "milk." Rather,  
 19 as the language of section 343(g) indicates, the standardization of milk simply means that a  
 20 company cannot *pass off* a product as "milk" if it does not meet the regulatory definition of milk.  
 21 Trader Joe's has not, by calling its products "soymilk," attempted to pass off those products as the  
 22 food that the FDA has standardized (that is, milk). To the contrary, as already discussed, it is

23  
 24  
 25 federal statute. *See, e.g., Alamilla v. Hain Celestial Grp., Inc.*, 30 F. Supp. 3d 943, 944 (N.D. Cal.  
 26 2014), *Ang v. Whitewave Foods Co.*, 2013 WL 6492353, at \*4 (N.D. Cal. Dec. 10, 2013). This  
 27 makes sense. However, as discussed herein, the plaintiffs do not state a plausible claim under  
 28 either standard of liability.

<sup>2</sup> The plaintiffs do not allege that the nutrition label contains any misleading information that  
 could lead someone to believe that soymilk has the same nutritional content as cow's milk. Nor,  
 for that matter, do the plaintiffs allege that Trader Joe's misrepresents the nutritional content of its  
 soymilk products in its advertising.

1 implausible that the use of the word "soymilk" misleads any consumer into believing the product  
2 comes from a cow. Soymilk, in short, does not "purport[] to be" from a cow within the meaning  
3 of section 343(g).

4 The plaintiffs cite two FDA "warning letters" in support of the theory that the title  
5 "soymilk" violates section 343(g). But even assuming FDA warning letters might sometimes  
6 enjoy deference, *see Ang*, 2013 WL 6492353, at \*3, the statements in these letters about soymilk  
7 labels are entitled to none. The FDA issued these letters to companies in the wake of inspections  
8 of food facilities. The letters warned the companies that they were not storing products properly,  
9 were not taking adequate precautions against pests, and were generally not keeping things clean.  
10 *See Food & Drug Admin.*, Warning Letter to Fong Kee Tofu Company (Mar. 7, 2012); *Food &*  
11 *Drug Admin.*, Warning Letter to Lifesoy, Inc. (Aug. 8, 2008). Almost as an afterthought, each of  
12 the letters noted that during inspection, the FDA investigators determined that certain food  
13 products were misbranded within the meaning of section 343(g), including products that contained  
14 the words "soy milk" in their titles. The investigators stated: "we do not consider 'soy milk' to be  
15 an appropriate common or usual name because it does not contain 'milk.'" It is difficult to  
16 understand what that means. To the extent the letters mean to argue that a product with the word  
17 "soymilk" in the title "purports to be or is represented as" cow's milk, 21 U.S.C. § 343(g), they  
18 provide no support for that argument, and as explained above, the argument is implausible. To the  
19 extent the letters mean to argue that a product with the word "soymilk" in the title violates section  
20 343(g) for some other reason, they do not explain what that reason might be, nor is one apparent  
21 from the text of section 343(g), which seems only to forbid a food from "purport[ing] to be" a  
22 standardized food, or from being "represented as" a standardized food. *Id.* Either way, there is no  
23 conceivable justification for the assertions those letters make about the word "soymilk," so they do  
24 not support a claim that products with "soymilk" in their titles violate the federal statute.

25 Because the Third Amended Complaint does not allege conduct that would amount to a  
26 violation of the federal Food, Drug and Cosmetic Act, that is the end of the matter. Any potential  
27 claim under state law would be preempted. The motion to dismiss the "soymilk" claims is  
28 therefore granted, and dismissal is with prejudice.

United States District Court  
Northern District of California


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With respect to the remaining issues presented by the latest motion to dismiss:

- The motion to dismiss the "newly asserted" claims is unopposed and is therefore granted.
- The motion to dismiss claims based on undisclosed additives in products that the plaintiffs did not purchase is denied in part and granted in part. It is denied with respect to unpurchased products that contain the same additives as the products the plaintiffs purchased and complain of in this lawsuit, because the alleged injuries inflicted on other people by those additives in those unpurchased products are substantially similar to the injuries the named plaintiffs allegedly incurred here. *See, e.g., Garrison, 2014 WL 2451290, at \*5.* The motion is granted, however, with respect to products that do not contain the additives that the plaintiffs complain about in the products they purchased. *Id.* In other words, the litigation will proceed only with respect to the additives the plaintiffs complain about in the purchased products (that is, tocopherols, sodium citrate, and citric acid).
- The motion to strike allegations relating to the FDA's "interim position" on evaporated cane juice is denied.
- The motion to strike allegations asserting a theory that Trader Joe's failed to disclose that its products were illegally labeled is granted.

**IT IS SO ORDERED.**

Dated: December 1, 2015

  
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VINCE CHHABRIA  
United States District Judge



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IN THE UNITED STATES DISTRICT COURT  
NORTHERN DISTRICT OF CALIFORNIA

	)	Case No. 13-cv-1953
ALEX ANG and KEVIN AVOY,	)	
individually and on behalf of all	)	ORDER GRANTING MOTION TO
others similarly situated	)	<u>DISMISS</u>
	)	
Plaintiffs,	)	
	)	
v.	)	
	)	
WHITEWAVE FOODS COMPANY, DEAN	)	
FOODS COMPANY, WWF OPERATING	)	
COMPANY, and HORIZON ORGANIC	)	
DAIRY LLC,	)	
	)	
Defendants.	)	
	)	

**I. INTRODUCTION**

Plaintiffs bring this putative class action in connection with Defendants' alleged misbranding of various products containing evaporated cane juice, including soymilk, almond milk, lowfat milk, and yogurt products. ECF No. 1 ("Compl."). Defendants now move to dismiss pursuant to Federal Rule of Civil Procedure 12(b)(6). ECF No. 17 ("MTD"). The motion is fully briefed, ECF Nos. 31 ("Opp'n"), 28 ("Reply"),<sup>1</sup> and appropriate for determination without

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<sup>1</sup> Plaintiffs filed a "corrected" opposition brief after Defendants filed their reply.

1 oral argument per Civil Local Rule 7-1(b). For the reasons set  
2 forth below, Defendants' motion is GRANTED and this action is  
3 DISMISSED WITH PREJUDICE.

4  
5 **II. BACKGROUND**

6 Plaintiffs target two types of products sold by Defendants:  
7 the "Silk Products" and the "Horizon Products" (collectively, the  
8 "Products"). The Silk Products are a variety of plant-based  
9 beverages, including "Silk Vanilla Soymilk," "Silk Pure Almond All  
10 Natural Original Almond Milk," and "Silk Pure Coconut Original  
11 Coconut Milk" (hereinafter, the "Silk Products"). See Compl. ¶¶ 6,  
12 95. The Horizon Products are a variety of yogurt and milk  
13 products, including Organic Whole Vanilla Yogurt, Tuberz yogurt  
14 tubes (collectively, the "Horizon Yogurt Products"), and Horizon  
15 Organic Vanilla Lowfat Milk. The labels of all of the Products  
16 list "All Natural Evaporated Cane Juice" or "Organic Evaporated  
17 Cane Juice" (hereinafter, "evaporated cane juice" or "EJC") as an  
18 ingredient. Id.

19 Plaintiffs allege that the Products were misbranded in three  
20 ways. First, Plaintiffs claim that, pursuant to US Food and Drug  
21 Administration ("FDA") guidelines, Defendants should have used the  
22 terms "sugar" or "dried cane syrup" instead of EJC on the Products'  
23 labels (the "ECJ Claims"). Second, Plaintiffs claim that  
24 Defendants misbranded the Silk Products by using names like  
25 "soymilk," "almond milk," and "coconut milk," since the Silk  
26 Products are plant-based, and the FDA defines "milk" as a substance  
27 coming from lactating cows (the "Milk Claims"). Third, Plaintiffs  
28 allege that, pursuant to FDA guidelines, the Horizon Yogurt

1 Products are mislabeled as yogurt because they contain evaporated  
2 cane juice, which is allegedly nothing more than sugar.

3 Plaintiffs filed this suit on April 29, 2013, and assert  
4 claims for (1)-(3) unfair, unlawful, and fraudulent practices in  
5 violation of the California Unfair Competition Law ("UCL"), Cal.  
6 Bus. & Prof. Code § 17200, et seq.; (4) & (5) misleading and  
7 deceptive advertising and untrue advertising in violation of the  
8 California False Advertising Law ("FAL"), Cal. Bus. & Prof. Code  
9 17500, et seq.; (6) violation of the California Consumers Legal  
10 Remedies Act ("CLRA"), Cal. Civ. Code § 1750, et seq.; and (7)  
11 restitution based on unjust enrichment/quasi-contract. Plaintiffs  
12 bring this action on behalf of themselves and, pursuant to Rules  
13 23(b)(2) and 23(b)(3), all persons in the United States who  
14 purchased the Products.

15 On April 8, 2013, before Plaintiffs filed the instant action,  
16 another food-labeling class action was filed against Defendants in  
17 U.S. District Court for the Southern District of Florida.<sup>2</sup> ECF No.  
18 18 ("Defs.' RJN") Ex. 14 ("Singer Compl."). The plaintiff in the  
19 Florida action, Barbara Singer ("Singer"), targeted many of the  
20 same products as Plaintiffs. Compare Compl. ¶ 95 with Singer Compl.  
21 ¶ 13. Like Plaintiffs, Singer alleged that these products were  
22 misbranded because EJC "is nothing more than sugar, cleverly  
23 disguised." Singer Compl. ¶ 2. Singer also relied on many of the  
24 same FDA guidelines as Plaintiffs. Compare Compl. 48, 57-61 with  
25 Singer Compl. ¶¶ 16-19.

26 The parties to the Florida action subsequently reached a class  
27

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28 <sup>2</sup> That action is captioned Singer v. WW Operating Company, Case No. 13-cv-2132 (S.D. Fla.) (hereinafter, the "Florida action").

1 settlement. On April 19, 2013, the Florida court preliminarily  
2 approved a settlement, defining the settlement class as all persons  
3 who, from January 1, 2005 to the present, purchased Defendants'  
4 ECJ-labeled products throughout the United States. RJN Ex. 16.  
5 The Court required class notice to be published in USA Today and on  
6 a website established for the purpose of providing notice, finding  
7 this notice to be the best practicable under the circumstances and  
8 to be fully compliant with the requirements of Federal Rule of  
9 Civil Procedure 23 and of due process. Id. Plaintiffs, absent  
10 class members in the Florida action, did not object to the  
11 settlement within the timeline set forth by the Florida court. On  
12 June 28, 2013, the Florida court granted final approval of the  
13 settlement (hereinafter, the "Singer Settlement").

14 Plaintiffs subsequently filed a motion to intervene in the  
15 Florida action and a motion to set aside the Singer Settlement.  
16 Those motions were denied on October 8, 2013. ECF No. 35-1 ("Oct.  
17 8 Order"). Among other things, the Florida court found that  
18 Plaintiffs were provided with adequate notice of the Florida action  
19 and that Plaintiffs' interests were adequately represented in that  
20 action.

21  
22 **III. LEGAL STANDARD**

23 A motion to dismiss under Federal Rule of Civil Procedure  
24 12(b)(6) "tests the legal sufficiency of a claim." Navarro v.  
25 Block, 250 F.3d 729, 732 (9th Cir. 2001). "Dismissal can be based  
26 on the lack of a cognizable legal theory or the absence of  
27 sufficient facts alleged under a cognizable legal theory."  
28 Balistreri v. Pacifica Police Dep't, 901 F.2d 696, 699 (9th Cir.

1 1988). "When there are well-pleaded factual allegations, a court  
2 should assume their veracity and then determine whether they  
3 plausibly give rise to an entitlement to relief." Ashcroft v.  
4 Iqbal, 556 U.S. 662, 679 (2009). However, "the tenet that a court  
5 must accept as true all of the allegations contained in a complaint  
6 is inapplicable to legal conclusions. Threadbare recitals of the  
7 elements of a cause of action, supported by mere conclusory  
8 statements, do not suffice." Id. (citing Bell Atl. Corp. v.  
9 Twombly, 550 U.S. 544, 555 (2007)).

10  
11 **IV. DISCUSSION**

12 Defendants now move to dismiss the instant action on the  
13 grounds that it is barred by res judicata. Alternatively,  
14 Defendants argue that Plaintiffs' claims are preempted or are  
15 implausible. As set forth below, the Court finds that the final  
16 judgment in the Florida action precludes Plaintiffs from bringing  
17 their EJC and Yogurt Claims. Further, the Court finds that  
18 Plaintiffs' Milk Claims are either preempted or implausible.

19 **A. Res Judicata**

20 Defendants argue that the Singer settlement is res judicata  
21 with respect to Plaintiffs' EJC, Milk, and Yogurt claims. MTD at  
22 8. Res judicata bars relitigation of claims that were raised or  
23 could have been raised in a prior action. Owens v. Kaiser Found.  
24 Health Plan, Inc., 244 F.3d 708, 713 (9th Cir. 2001). The doctrine  
25 is applicable whenever there is (1) identity or privity between the  
26 parties in the first and second action, (2) a final judgment on the  
27 merits, and (3) an identity of claims. Id.

28 As to the first requirement, Plaintiffs do not dispute that

1 they were class members in the Florida action. However, Plaintiffs  
2 argue that their interests were inadequately represented in that  
3 action and that they were provided with inadequate notice of the  
4 proceedings. Opp'n at 6. Both of these arguments were rejected by  
5 the Florida court when it denied Plaintiffs motions to intervene  
6 and set aside the Singer Settlement. The Court declines to revisit  
7 those issues now and finds that the first requirement of res  
8 judicata has been met.

9 With respect to the second requirement, Plaintiffs argue that  
10 there was no final judgment in the Florida action because the  
11 Florida court did not issue a separate document setting out a final  
12 judgment. This argument lacks merit. The Florida court's order  
13 approving the class settlement expressly states Defendants may  
14 "file the Settlement Agreement and/or this Judgment in any action .  
15 . . . based on principles of res judicata . . . or any theory of  
16 claim preclusion." RJN Ex. 19 ¶ 9. The order refers to itself as  
17 a judgment four other times and also uses the phrase "IT IS HEREBY  
18 ORDERED, ADJUDGED AND DECREED." Moreover, Plaintiffs have  
19 essentially conceded the finality of the order by appealing it to  
20 the Eleventh Circuit.

21 As to the third requirement of res judicata, Plaintiffs do not  
22 dispute that there is an identity of claims as to the EJC and  
23 Yogurt Claims. Nor could they. The Singer Settlement discharges  
24 all claims "arising from, or in any way whatsoever relating to the  
25 use of the term evaporated cane juice with respect to [Defendants']  
26 Products . . . ." RJN Ex. 19 § VI. Both the EJC and Yogurt claims  
27 are predicated on Defendants' use of the term EJC. Indeed,  
28 Plaintiffs' EJC claims are practically identical to Singer's.

1 While the Yogurt Claims were not raised in the Florida action, they  
2 are premised on the same theory -- that EJC is equivalent to sugar  
3 -- and thus arise out of the same nucleus of operative facts. See  
4 Frank v. United Airlines, Inc., 216 F.3d 845, 851 (9th Cir. 2000)  
5 (Central criterion in determining whether there is an identity of  
6 claims is whether the two suits arise out of the same transactional  
7 nucleus of facts.)

8 The parties dispute whether there is an identity of claims  
9 with respect to the Milk Claims. Defendants argue that the Milk  
10 Claims are precluded because they only target products that contain  
11 EJC. The Court disagrees. The Singer Settlement bars claims that  
12 relate to the use of the term EJC, not claims relating to products  
13 that contain EJC. Plaintiffs' Milk Claims are not predicated on  
14 Defendants' use of the term EJC. Rather, the Milk Claims are based  
15 on the theory that a reasonable consumer could confuse soymilk,  
16 almond milk, or coconut milk for dairy milk.

17 Accordingly, the Court finds that res judicata bars  
18 Plaintiffs' EJC and Yogurt Claims, but not their Milk Claims.  
19 Accordingly, the Court proceeds to determine whether the Milk  
20 Claims are preempted.

21 **B. Preemption**

22 The crux of Plaintiffs' Milk Claims is that Defendants' use of  
23 terms "soymilk," "almond milk," and "coconut milk" in the names of  
24 Silk Products violates the "standard of identity" for milk. A  
25 standard of identity is a requirement that determines what a food  
26 product must contain to be marketed under a certain name. The  
27 FDCA, as amended, contains a broad preemption provision which  
28 prohibits states or other political subdivisions from imposing any

1 requirements regarding standard of identity that is not identical  
2 to the federal requirements. 21 U.S.C. § 343-1(a). Defendants  
3 argue that Plaintiffs' Milk Claims attempt to impose new  
4 requirements concerning the standard of identity for milk.

5 The FDCA requires a food to be identified by "the common or  
6 usual name of the food, if any there be." 21 U.S.C. § 343(i). FDA  
7 regulations require that a "statement of identity" must be in terms  
8 of: (1) the name prescribed by federal law or regulation, "(2)  
9 [t]he common or usual name of the food; or, in the absence thereof,  
10 (3) [a]n appropriately descriptive term, or when the nature of the  
11 food is obvious, a fanciful name commonly used by the public for  
12 such food." 21. C.F.R. § 101.3(b).

13 Plaintiffs have not pointed to any statutory or regulatory  
14 provision prescribing how the Silk Products must be labeled.  
15 However, Plaintiffs do point to 21 C.F.R. § 131.110, which  
16 describes Milk as the "lacteal secretion, practically free from  
17 colostrum, obtained by the complete milking of one or more healthy  
18 cows." Plaintiffs reason that this regulation bars Defendant from  
19 using the name milk in connection with soy-, almond-, coconut-based  
20 products since those products do not come from cows. However, §  
21 131.110 pertains to what milk is, rather than what it is not, and  
22 makes no mention of non-dairy alternatives such as the Silk  
23 Products.

24 Plaintiffs also point to FDA warning letters to soymilk  
25 manufacturers, which are referenced in the Complaint. These  
26 letters primarily address sanitary conditions at the manufactures'  
27 facilities and other labeling issues which are not relevant to this  
28 case. See ECF No. 26 ("Pl.'s RJN) Exs. G, H. However, citing 21



1 C.F.R. § 131.110, the letters also warn two manufacturers that  
2 their "soymilk" products are misbranded because they use the term  
3 milk. ECF No. 26 ("Pl.'s RJN) Exs. G, H. An agency's reasonable  
4 interpretation of its own regulation is entitled to wide deference.  
5 Pub. Lands for the People, Inc. v. U.S. Dep't of Agric., 697 F.3d  
6 1192, 1199 (9th Cir. 2012). However, the brief statements in the  
7 two warning letters cited by Plaintiffs are far from controlling.  
8 This is especially true since the FDA regularly uses the term  
9 soymilk in its public statements, see, e.g., FDA Enforcement  
10 Report, 2011 WL 6304352 (Dec. 14, 2011); FDA Enforcement Report,  
11 2007 WL 4340281 (Dec. 12, 2007), suggesting that the agency has yet  
12 to arrive at a consistent interpretation of § 131.110 with respect  
13 to milk substitutes.

14 As the FDA has yet to prescribe a name for the Silk Products,  
15 the Court considers the "common or usual name[s]" for those foods.  
16 See 21 U.S.C. § 343(i). FDA regulations provide that the common or  
17 usual name of a food "shall accurately identify or describe, in as  
18 simple terms as possible, the basic nature of the food or its  
19 characterizing properties or ingredients." 21 C.F.R. § 102.5(a).  
20 "Each class or subclass of food shall be given its own common or  
21 usual name that states, in clear terms, what it is in a way that  
22 distinguishes it from different foods." Id. Moreover, the common  
23 or usual name may be established by common usage. Id. § 102.5(d).

24 Here, the Court agrees with Defendants that the names  
25 "soymilk," "almond milk," and "coconut milk" accurately describe  
26 Defendants' products. As set forth in the regulations, these names  
27 clearly convey the basic nature and content of the beverages, while  
28 clearly distinguishing them from milk that is derived from dairy

1 cows. Moreover, it is simply implausible that a reasonable  
2 consumer would mistake a product like soymilk or almond milk with  
3 dairy milk from a cow. The first words in the products' names  
4 should be obvious enough to even the least discerning of consumers.  
5 And adopting Plaintiffs' position might lead to more confusion, not  
6 less, especially with respect to other non-dairy alternatives such  
7 as goat milk or sheep milk.

8 Accordingly, the Court finds that Plaintiffs' Milk Claims are  
9 preempted.

10 **C. Plausibility**

11 Plaintiffs' Milk Claims fail for the additional reason that  
12 they are simply not plausible. False advertising claims under the  
13 UCL, FAL, and CLRA are governed by the reasonable consumer  
14 standard, whereby a plaintiff must show that members of the public  
15 are likely to be deceived. Williams v. Gerber Products Co., 552  
16 F.3d 934, 938 (9th Cir. 2008). The question of whether a business  
17 practice is deceptive is generally a question of fact not amenable  
18 to determination on a motion to dismiss. Id.

19 However, in certain situations a court may assess, as a matter  
20 of law, the plausibility of alleged violations of the UCL, FAL, and  
21 CLRA. For example, in Werbel ex rel. v. Pepsico, Inc., C 09-04456  
22 SBA, 2010 WL 2673860, at \*3 (N.D. Cal. July 2, 2010), the plaintiff  
23 alleged that he believed "Cap'n Crunch's Crunch Berry" cereal  
24 derived its nutrition from actual fruit because of its label's  
25 reference to berries and because its cereal balls were shaped like  
26 berries. The Court found such allegations to be "[n]onsense." Id.  
27 The court reasoned that the word "berries" was always preceded by  
28 the word "crunch" to form the term "crunch berries," and that the

1 image of crunch berries on the label did not even remotely resemble  
2 any naturally occurring fruit of any kind. Id.

3 Plaintiffs' Milk Claims fail for similar reasons. The crux of  
4 the claims is that a reasonable consumer might confuse plant-based  
5 beverages such as soymilk or almond milk for dairy milk, because of  
6 the use of the word "milk." The Court finds such confusion highly  
7 improbable because of the use of the words "soy" and "almond."

8 Plaintiffs essentially allege that a reasonable consumer would view  
9 the terms "soymilk" and "almond milk," disregard the first words in  
10 the names, and assume that the beverages came from cows. The claim  
11 stretches the bounds of credulity. Under Plaintiffs' logic, a  
12 reasonable consumer might also believe that veggie bacon contains  
13 pork, that flourless chocolate cake contains flour, or that e-books  
14 are made out of paper.

15 Thus, even if Plaintiffs Milk Claims were not preempted, they  
16 would still fail under the reasonable consumer test, as well as  
17 plausibility standard set forth in Iqbal and Twombly.

18  
19 **V. CONCLUSION**

20 For the reasons set forth above, Defendants' motion to dismiss  
21 is GRANTED, and Plaintiffs Alex Ang and Kevin Avoy's claims are  
22 DISMISSED WITH PREJUDICE.

23  
24 IT IS SO ORDERED.

25  
26 December 10, 2013



27 UNITED STATES DISTRICT JUDGE  
28